FROM THE PRINCIPAL

Harmony Day
Last Friday we celebrated Harmony Day at school. Each class made a kite and participated in activities relating to the theme “Everyone Belongs”. Thank you to everyone who donated a gold coin towards the Starlight Foundation.

P&C Meeting
Last Tuesday was the P&C AGM. Congratulations to the following parents elected to positions. I know they will do a great job supporting the school.

President: Christine Boyd
Vice President: Teressa and Troy Crosdale
Treasurer: Sharon Barrett
Secretary: Ian Glover

A big thank you to our outgoing committee members Megan Donn and Bob Kitching for their valuable support over the years.

Winter Uniform
As the weather gets cooler we will start to transition into our winter uniform. If you find your children have out grown last year’s uniform it would be greatly appreciated if you could donate them to the uniform shop.

Assembly
Last week 4P led the assembly and entertained us with the song “Don’t Worry Be Happy” – well done 4P. Thank you to all the parents who came along to the Assembly. This week 3C will be running the assembly. Parents are welcome to join us at assembly time.

Upcoming Events
- Thursday 10th April
  Zone Cross Country
- Friday 11th April
  Last Day of Term 1
- Monday 28th April
  Staff Development Day
- Tuesday 29th April
  Students Return - Term 2
- Thursday 8th May
  Mothers’ Day Stall
- Tuesday 20th May
  ICAS Computer Test
- Wednesday 4th June
  Buttai Barn Excursion K-2
  ICAS Science Test

Permission Notes & Payments Due

K - 2
- Buttai Barn $5 deposit
  Due by 31st March 2014

Yr 3 - 6
- ICAS Competitions
  Computer Skills - $8
  Science - $8
  Spelling - $11
  Writing - $17
  English - $8
  Maths - $8
  Due by Wednesday 2nd April

All Students
- School Fees $30
  Due by end of Term 3

EFTPOS is available at the office for payments of school excursions and performances
Leap into Learning Reminder

Leap into Learning is a transition to school program for all pre-schoolers who will be attending Cessnock West in 2015. The program introduces children to the rules and routines of school. During activity sessions they learn literacy and numeracy skills and take part in craft, technology and social development activities. Sessions are held every three weeks. The first Leap into Learning session in Term 2 is on Tuesday 6 May 2014, followed by 27 May and 17 June. If you have friends or know of families with children due to start school in 2015 please pass on this information.

SCHOOL BANKING IS COMING SOON!!!!!

ADDY is coming to our school on FRIDAY THE 28th OF MARCH TO talk to us about the exciting Commonwealth Bank School Banking program.

Through the program, primary school kids can bank at school, giving them hands-on banking experience in a fun and interactive environment.

The School Banking program includes an exciting and exclusive Rewards Program designed to encourage children to get into the habit of making regular savings. Every time your child makes a deposit at school they receive a Dollarmites token. The first token will be received upon the first deposit at school. Once they have individually collected 10 tokens they can be redeemed for an exclusive Dollarmites reward item. Students will have lots of fun saving their tokens for these cool items.

School Banking is also a great fundraiser for our school. The school receives $5 when children make their first deposit at school and a commission on every deposit made through the School Banking program.

ADDY will be excited to see you all on 28/3/2014

Remember, School Banking day will be every THURSDAY

MORE INFORMMATION WILL COME HOME SHORTLY.

Livelifewell
Be Healthy – Be Active

Children and adults need physical activity every day. Activity helps build better bones, muscles, joints and helps maintain a healthy weight. Physical activity can also reduce the risk of heart disease, type 2 diabetes and some cancers. Get active anyway you can - walking, riding, swimming, and playing active games such as Duck, Duck, Goose or Bull Rush.

Go4Fun

THE BEST GIFT FOR 2014– THE GIFT OF GOOD HEALTH!

As we look forward to 2014 with expectation and hope for a great year ahead, it’s a great time to reflect on the things that matter to us. Ask any person “What is the most important thing for you in life?” and most would say something like “to be healthy and happy”. Yet if we take a closer look at our home lives, they are often hectic, chaotic and jam-packed with kids activities, leaving little time to plan and shop for healthy meals, let alone fit in some much needed exercise! Yet these are two of the “biggies” when it comes to achieving the healthy lifestyle that so many of us wish for! Imagine if you could give the gift of good health to your family in 2014?

In 2013, Hunter New England Local Health District have given many families an opportunity to “turn over a new leaf” through their FREE Go4Fun program. These families are now well equipped to begin their journey towards better health and happiness in 2014! There is a Go4Fun Program running at Cessnock West on Tuesdays in Term 2. All families at Cessnock West Public School are welcome to attend. Afternoon tea will be provided. For more information, visit www.go4fun.com.au or call Katie on 0457 763 0751. Cheers to a healthier and happier 2014 for you and your family!

Many thanks for your support,
Mrs Ruth McGlashan
ICAS Reminder
Just a reminder that all money for the ICAS competitions is due in by next Wednesday 2nd April. No extensions will be given.

Go Blue on April 2
World Autism Awareness Day
Please wear blue to school on Wednesday 2nd April to raise awareness for Autism
Please bring a silver coin donation on the day

Easter Fun at Cessnock West!
With Easter fast approaching, we are planning a number of activities for students that will be held in Weeks 10 and 11. Our main event will be the Easter Hat and Mask Parade.

Students K-6 are invited to decorate an Easter hat or mask at home, and bring it to school for our Easter Hat and Mask Parade on Thursday 10th April at 9:30 am. Parents are invited to attend this event.

Other activities:
- **Easter Disco**: We will be holding an Easter Disco on Thursday 10th April in our School Hall. The cost will be $3 per student. The disco will be held in two sessions:
  - Years K-2 4.30pm – 5.45pm
  - Years 3-6 6.00pm – 7.30pm
  Tickets will be on sale from Tuesday 1st April.
- **Egg Decorating Competition**: Students are also invited to participate in an ‘Easter Egg Decorating Competition’. If you would like to enter please decorate an egg at home and return it to school on Tuesday 8th April. Students in K-2 should return their decorated eggs to Mrs West and students in Years 3-6 should return their eggs to Mrs Coolahan. The cost to enter the competition is a gold coin donation. Here are some websites to inspire you when decorating your egg:
  Remember judges will be looking for the most creative and unique eggs! If you have any questions please see Mrs Coolahan.
- **Guessing Competition** (Weeks 10 & 11): The SRC will have a very large jar of Easter eggs and students can pay 10 cents to guess how many eggs are in the jar. The winner will receive the jar of eggs.

P&C News
The AGM and P&C meeting were held on the 18th March 2014. Congratulations to our new Executive Committee: President: Christine Boyd, Secretary: Ian Glover, Treasurer: Sharon Barrett, Vice President (1): Teressa Crosdale and Vice President (2): Troy Crosdale.

End of term 1 is approaching very quickly. The school is organising an Easter Hat Parade and in conjunction with this the P&C committee will be having an Easter Raffle. We are seeking donations of Easter eggs or baskets/ bags to make up the prizes. Raffle tickets will be coming home very shortly with the children and need to be returned by Monday 7th April so they can be processed ready to be drawn at the morning Hat Parade. A School Disco is being organised for the 10th April 2014 in the School Hall. The P&C will be selling drinks and chips to the children. If you can help out in any way please leave your name at the front office.

The Mothers’ Day Stall will be held on Thursday 8th May 2014. We are seeking suitable donations and they can be left at the front office. If you can help in any way please leave your name at the front office.

I would like to take this opportunity to thank everyone within our school community for all their help over the past ten years that I have been a part of the P&C and school. I have enjoyed my time at Cessnock West and made many new friendships and had many memorable experiences with the school. I wish the new Executive Committee all the best and I’m sure I will still see many of you around.

Secretary
Megan Donn
Canteen News
Corn Cobs are now available for lunch only. The price will be $1.00 each.
Next Tuesday, 1st April will be ice cream day at the canteen. Ice creams will be sold for 50¢ each with all different toppings.
I am also asking parents to please buy your own lunch bags and write your child’s orders out at home. This will stop so much time waiting at the order window on busy days. Also late orders will not be accepted after 9.30am for recess and 10am for lunch orders.
Thanks,
Linda Fernance

Clothing Pool
Located in the old canteen near the bus stop.
Open - 8.40 - 9.10am
Purchases are limited to 2 sets per size.

PLAYGROUND RADIO
The following students will be presenting their Radio Show on the School’s Playground Radio Activity during this week and Monday and Tuesday of next week.

WEDNESDAY 26 MAR
YASSMIN L
ASIA M
KOBY S
MADISON S
KIARA C
MADISON L

THURSDAY 27 MAR
ASHLEY W
SATANA H
ANNIE C
CHARLOTTE H
NERINA J
DIANA S

FRIDAY 28 MAR
PEPPH R
CATLIN B
ANNA B
KARA C
MADELYN B

MONDAY 31 MAR
MENTOR
PLAYGROUND REQUESTS

TUESDAY 1 APR
CHARLOTTE B
MIRANDA H
TIARNA T
GYPSY H
CLOE K
ELLA V
CHERRY H

To listen to their Radio Show Podcasts and check out what’s happening on Playground Radio go to our Website:

COMPETITION FOR PLAYERS WITH A DISABILITY

COMPETITION EACH SATURDAY
12:00pm from 5 April 2014
NEWCASTLE NETBALL COURTS, UNION STREET

TRAINING SESSIONS – WEDNESDAYS 4:30-5:30PM
AT CARDIFF NETBALL COURTS
Myall Road Cardiff

All levels of ability and age welcome

Proof of age required for first time registrations

Contact: Janene Lowe 0414 587 137