FROM THE PRINCIPAL

Cinderella
On Wednesday 17 June P.I.E productions will be presenting “Cinderella” by Opera Australia’s Oz Opera to the students at Cessnock West. We have been fortunate again to secure sponsorship for this event and offer our sincere thanks and gratitude to ADFAS Pokolbin for their generous support.

The students will be entertained by professional performers who will show them what is involved in staging opera, including costumes, stage set, music and voice. The opera has been especially adapted for primary school students and will provide a wonderful opportunity for them to learn all about performing arts.

ADFAS Pokolbin has an active Young Arts Programme, which aims to inspire young children with a knowledge and love of all aspects of creative arts. They raise money through raffles and various activities to help fund these projects. Should you wish to know more about ADFAS Pokolbin, please contact them via email pokolbin@adfas.org.au or visit the website www.adfas.org.au

Assembly
It is great to see the assemblies running smoothly. Thank you to all the parents who are able to spare some time and come along. In Week 4 1W ran the K-2 assembly and shared some clever work they had completed in class and 5/6N ran the 3-6 assembly and showed maps of Antarctica they had created as well as performing a happy feet dance complete with tap dancers. There was no assembly in Week 5 due to the athletics carnival. In Week 6 1S and 5/6CP will run the assemblies. In Week 7 K/1M and 5/6P will host the assemblies.

1W

5/6N
NAPLAN
All students in Years 3 and 5 sat the NAPLAN tests in Language Conventions, Grammar, Punctuation, Spelling, Writing, Reading and Numeracy in week 4. Results should be available towards the end of term 3 or early term 4. It is important to remember that these tests are only an indication of how students performed on the day they sat the test and they can't tell whether students have improved on something they once found difficult and they can't tell how hard students work in class and how amazingly special they are.

Grip Leadership Conference
On Monday 18th May our Student Leaders and Miss Blackadder travelled to the Newcastle Panthers Club to participate in the GRIP Leadership Conference. Over 70 schools attended the Newcastle conference. The conference is unique in that it concentrates specifically on training student leaders for their role as SCHOOL LEADERS. The style, topics, and content of this conference all focus on what the students can do RIGHT NOW. Our leaders discussed with each other and other schools their ideas and strategies for making positive changes in schools. As a result, our School Leaders have devised several goals to work towards completing by the end of this year. These goals will involve all students, staff, families and community members to work together to make a positive change at Cessnock West Public School. The School Leaders represented our school admirably at the event.

Gymnastics
Gymnastics commenced last week for all students in K-6. It is great that we are able to provide this wonderful opportunity free of charge and we thank Sporting Schools and the Federal Government for their generous support.

Athletics Carnival
Unfortunately rain forced us to cancel the athletics carnival last Friday. The athletics carnival has been rescheduled for this Thursday 28 May. Due to the weather on Friday it has been decided to re run the 200 metre races. The day will run as per original schedule. Canteen will operate on the day to purchase lunch. NO orders will be taken before hand.
Thank you to Mr Vogel and all staff for your efforts last week

Galuwa Ceremony
On Tuesday 19th May I had the honour of attending the Galuwa ceremony to recognise and acknowledge the recipients of Galuwa scholarships. Congratulations to Ethan F who is a worthy recipient of the scholarship.

Galuwa: A pathway program for Aboriginal youth in partnership with Glencore providing support for Aboriginal and Torres Strait Islander students who:
- Are enrolled in Year 5 in 2014 and who are attending a public school in the Hunter area
- Have attained high level proficiency in their 2014 NAPLAN (National Assessment Program Literacy or Numeracy) tests.
Debating
Congratulations to our debating team who won their first debate last Thursday against an extremely good Millfield team.

Connect ED Principals Conference
On Thursday May 21st, the President and Vice-President of our Moani Aboriginal Education Team were invited to the Connect ED Principals Conference at Cypress Lakes to present the Acknowledgement of Country. Jacob B and Nikkita H spoke brilliantly and with such pride in their culture and our school. The boys spoke in front of approximately 300 hundred Principals from across the Hunter and Central Coast, including Mr Frank Potter, Executive Director of Public Schools NSW. Well done boys and congratulations on representing our school so well.

Healthy Living
Easy ways to add physical activity to your day:
- walk to the store, the school or the playground instead of using the car
- allow time for children to play outdoors
- park the car away from the shops
- get off the bus one stop earlier
- don’t use the remote control
- plant a veggie garden
- take the stairs instead of escalators or lifts
- schedule regular time each week for your family to be physically active together
- limit television time to no more than two hours per day or 14 hours a week

Safety around Schools – On and Off the Bus
Your child is most at risk in the minutes after getting off the bus. You can reduce this risk. Meet your child (or arrange for another trusted adult to meet your child) AT the bus stop, NEVER on the opposite side of the road.

Wait until the bus has been driven away before choosing the safest place to cross the road, then follow the usual road crossing procedures with your children.
- STOP! One step back from the kerb.
- LOOK! For traffic to your right, left and right again.
- LISTEN! For the sounds of approaching traffic.
- THINK! Whether it is safe to cross.
- Teach your children to keep turning their head in both directions to look and listen for traffic as they cross the road.
- While waiting at the bus stop, stand well away from the passing traffic. Never wait right at the kerb.

Remind your children that when a bus is fitted with seatbelts, they must buckle up.
- Until they turn ten, hold hands with your child as you cross the road

New parent and community resource
An e-learning resource about the Disability Standards for Education is freely available for the use of individuals, families and communities: http://resource.dse.theeducationinstitute.edu.au/.

Thank you for your support
Ruth McGlashan
Principal

Library news
Book Club brochures have been sent home with this newsletter. Orders are always due back to the office within ONE WEEK, so even if the brochures don’t come with a newsletter, you know you have one week to get your order and money to the office.
- Please ensure that all orders have your child’s name and class on them and that you have included the correct money.
- Issue 4 orders are due in by 9am Wednesday June 3rd, 2015. Thank you for supporting Book Club.

Mrs J Rolt
Teacher-Librarian
Hello everyone. First of all the Mothers’ Day stall was a great success, not just on the fundraising front but the wonderful gifts that were donated and the volunteers that turned up on the day to lend a hand. A big thank you to everyone that turned up to help and great to see some new faces to help out.

Roll on Fathers’ Day….

The next fundraising night is on 1st June at Dominos Pizza from 5pm till 7pm. All you have to do is roll up or dial up and order some pizza. For every pizza sold in those 2hrs Dominos will give our school $1. Last year we raised over $300. That's a lot of pizza. It's dead easy, just buy some and we raise some dough for our school. Letters will come out with the children as soon as I get them.

We also have a raffle coming up with some fantastic prizes. These prizes were kindly donated for the carols night and as that night was washed out we still have them!!

- 1st prize is an ASCC home computer
- 2nd prize $200 accommodation voucher @ Ashmore Palms Holiday Village QLD
- 3rd prize Wine hamper, a stunning collection of wines

These prizes must go!! Tickets will be a $1 each and ticket books will come home with this newsletter.

That's about all for this issue
Thank you to all our generous parents, grandparents, aunties, uncles and anyone else who donates or buys tickets or lends a hand. It is greatly appreciated and all the money we raise goes straight back into our school in some way.

Cheers
Ian Glover

Our Mural Story
By Jesse H, Cameron H, Trae P and Ethan F (absent)

A group of boys from Mrs Betteridge and Mrs Blackadder’s classes are involved in a school Mural Project. This project is to not only provide more decoration around the school but also to provide students of different ages and abilities with the opportunity to collaborate and share.

With Mr McDonald and Mrs McGlashan’s support six murals are planned to be placed around the school. Jesse and Cameron chose the theme for the first mural.

“We firstly started by looking up pictures on the internet. After we got pictures printed we got some old wood from the Art Room. We started to paint the board all over with bright yellow. After that we started the sky. The colours we used were purple, orange, yellow and red. We painted the sea next using green, dark blue and light blue. Then we painted the islands and lastly two magnificent dolphins. To paint our mural we used brushes and ‘Chucks’ cloths and pencils to sketch the islands and dolphins. We have called it “Sunset Lake”

Trae has said “I painted the beautiful water and parts of the amazing horizon. It was done by shading with green, blue, yellow and orange. It was also done with paint mixed with other paint which made a beautiful contrast.”

Head lice
We have had several cases of head lice reported over the last couple of weeks both in infants and primary areas.

Please check your child’s head thoroughly tonight, and if necessary treat with a suitable head lice product immediately.

Further checks, on a daily basis, for the next week or so are recommended.

Please do not hesitate to contact with school if you have any concerns.
AN INVITATION TO CARERS

Do you provide care and support to another person?
You are invited to Carer Connections
Take the Opportunity to Connect with other Carers and
listen to our Guest Speaker!

Carers are usually family members or friends who provide support to
children or adults who have a disability, mental illness, chronic condition or
who are frail aged.

Guest Speaker: National Disability Insurance Agency

Topic: NDIS Community Conversation

The National Disability Insurance Scheme will begin its roll out in the Maitland
area commencing 1 July 2015. It supports people up to the age of 65 with a
permanent and significant disability.
Want to know more then this Session is for you!

Where: East Maitland Bowling Club, Bank Street, East Maitland
TIME: 10.00am – 12.00pm
COST: Free - includes Morning Tea
WHEN: Monday 25 May 2015
RSVP: Wednesday 20 May 2015

For more information or to Register Contact
HNE Carer Education & Support Program – Hunter
on: 4924 4895 or 1300 887 776
or Email: Educare-Admin@hnehealth.nsw.gov.au
(We ask that you RSVP for catering purposes)

TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or
big sister by hosting one of our exceptional international students arriving in Australia
in July 2015 for their 3, 5 or 10 month programs.

Our international exchange students from France, Germany, Italy, Spain,
Switzerland, Sweden, Norway, Denmark, and Finland will live as a local, attend a
local secondary school, arrive with their own spending money and comprehensive
insurance cover – all arranged by Southern Cross Cultural Exchange.

Visit us at www.scce.com.au, email scce aust@scce.com.au
or call us toll free on 1800 500 501. Request our international
student profiles, and capture the spirit of family and friendship!
Uni4You

Ever wondered about studying at University?
The Uni4You Project supports you with preparing for Open Foundation.
Register for the Information Session NOW!
Tuesday 2nd June 10am - 12noon
Samaritans Neighbourhood Centre
198-202 Vincent Street, Cessnock

Uni4You delivers:
• Workshops to prepare you for Open Foundation studies
• Career Information to help you make an informed decision
• Personal support while studying Open Foundation

Open Foundation is a free tertiary preparation program offered by the University of Newcastle that gives you the chance to gain entry to Uni. Intensive - free full-time 4 month program Starts 27th July 2015
Part-time - free one year program Starts February 2016

FREE Childcare is available for the Uni4You workshops

What our participants had to say...
“i would not have taken the step into Open Foundation if it weren’t for the Uni4You program...”
“I definitely would not have done as well as I have without the Uni4You program and everything that it offers.”
“Uni4You helped me make life changing decisions for myself and my family...”

CONTACT US for more information
ask the Uni4You team
Phone: 4921 6858
Email: family@newcastle.edu.au

FREE Information Session

Supported by WEA, TAFE & Uni4You

Choosing the Pathway that is right for you!
We are offering a FREE Information Session on pathways to study at University.

Tuesday 26th May 10am-12noon
Samaritans Neighbourhood Centre
(inside the performing arts centre)
198-202 Vincent Street, Cessnock

Come along; bring your partner, your children and your family.
Childcare is available (please contact us if required)

CONTACT US
Ask for the Uni4You team
Phone: 4921 6858
Email: family@newcastle.edu.au
Family Action Centre
The University of Newcastle